

THE HAMLET



Issue 242

The Golden Green Association Newsletter

February 2020

Sing Back the Memories



KCC Community Warden Sandra Edmonds would like to set up a 'Singing Back the Memories' group in Golden Green for one afternoon a month.

This is an opportunity for a relaxed sing-a-long to some of the golden oldies, with refreshments after, remembering our favourite tunes and just having a jolly good afternoon. Singing voices not required but sense of humour essential! Is this something that Golden Green would be interested in? Phone Sandra on 07969 584183 or email Sandra.Edmonds@kent.gov.uk

A21 Closures This Month

The A21 will be totally closed in both directions between Sevenoaks Weald Interchange and Vauxhall Lane Interchange from 10pm Friday 14 February to 6am Monday 24 February.

It will also be closed overnight in both directions between the same junctions between 8pm and 6am Monday 10 February and Thursday 13 Feb.

The diversion will be via Hildenborough and Bordyke Rd/Hadlow Rd and Cannon Lane/A26.

Highways England are closing the road so they can rebuild Manor Farm subway and repair parts of the Medway Viaduct.

For text message updates on progress, text 'A21CS' to 60163. Visit [Highways England](http://HighwaysEngland) or call 0300 123 5000 for more information.

The Bell News

Tel 851748
Games room * Function room hire for parties, band practice etc. * Free for GG residents



Sixties Night!

Sat 15 Feb 8pm–12.30am

Your chance to twist + shout + shake it all about in fab 60s style!

Bernie's Fun Quiz

Mon 2 March 7.45pm

All welcome. £3 Entry fee
Cash prize

Every Saturday

Free jukebox

Red Tooth Poker

Tuesdays 7.30pm

Free to enter and play

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[Facebook/BellInnGoldenGreen](https://www.facebook.com/BellInnGoldenGreen)

Buying LED Light Bulbs

Sean Waddingham throws some light on a sometimes tricky topic

If you have had to replace a light bulb in the past year or so, you may have been confused by the new-style LEDs and wondered about what is the equivalent of your old filament bulb, which you can't buy anymore. And what is a lumen anyway? What happened to good old watts?

The old incandescent bulbs are being phased out because they produce more heat than light and are therefore much less energy efficient than the new LED (light emitting diode) units and folded fluorescents. However, the new-style units need electronics fitted into the bulb itself, making them more expensive—but the cost is recouped over time through considerably lower running costs. Here's why.

You're probably used to thinking about the brightness of a light bulb in terms of the power it used, measured in watts (W)—for example, 40 W, 60 W or 100 W bulbs. The new units use *lumens*, which is a measure of how



much actual light is produced. An average room needs 3,500–5,000 lumens—but will only consume about 80 W of electricity, whereas the old bulbs used 400–500 W. Table lamps or standard lamps need 300–500 lumens. Thus if each LED uses five to six times less electricity than a filament bulb, you can see where the cost savings can soon be made.

When buying, you're probably used to checking the fitting. Fortunately, the new units still come in bayonet, Edison screw or small Edison screw to fit existing lamp holders.

Next, choose the colour: LEDs have varieties of whiteness -- look for warm white, cool white (also called natural) or daylight. Old-style 100 W bulbs were quite harsh for a living room but were often used for bathrooms or kitchens, where cool white

units would be good today. Living rooms and bedrooms might be better with warm white LEDs, giving a yellower, softer light. If you have dimmer switches, unfortunately not all are compatible with the new bulbs (flashing and flickering are indications); if so, replace with a switch that will work for LEDs designed to be dimmed. Moving house? You'll need an Energy Performance Certificate (EPC) for your seller's pack—swapping your filament bulbs with new, low-consumption LEDs is the easiest and most cost-effective way to improve your EPC rating.

Finally, oldies like me may remember the old black & white TV advert from the 1960s and its jingle to the tune of *Bobby Shaftoe* (all together now): 'Mazda lights stay brighter longer (repeat twice) ... always ask for Mazda!' Now Mazda make cars instead of lights! Whoever made your new LEDs, they should last considerably longer than the old bulbs and they cost a lot less to run, benefitting your pocket—and, as they reduce energy consumption, are good for Planet Earth too. I hope you found this piece illuminating!

The Golden Green Association Committee

Chair Alec Pelmore 850739 Secretary Howard Rogers 850329 Treasurer Gabrielle Lear 851252 Hall Bookings Rob & Ros Seall 850664 Newsletter Anne Waddingham 850048 Committee John Allen; Chris & Rosemary Blackburn; Ed Bright; Chris & Sue Cadell; Jeannette Charnock, Nick Collins; Linda & Ian Daker; Andrew & Judith Deckers; Stan Ellis; Stan Evans; John & Lynn Fuller; Graham Hargrave Smith; Pete Hilborn; Julian Hill; Jo Ivell; David Lear; Sam Newberry; Michael Nobes; Mary Norris; Terry Parris; Jane Rogers; Pat Simmons; Sean Waddingham; Nick & Ali Williams Walker

GG Women's Institute by Iris Wilson

January was our 'rest' month. Some years ago we voted to have a 'no meeting' in the winter month of January. (Normally WIs choose a summer month because so many members are on holiday.) Choosing a winter month bucks the trend but we remembered when Golden Green was cut off many years ago by snow drifts of over six feet!

We have a fantastic programme lined up for 2020, thanks to Marion. She will be helping our new 'programmer', Thushira, during this year and they have already started on next year's programme. Marion will then retire from the job after many years of giving us great speakers.

With inside information, I can confirm that this month's speaker is Elise Goldstone from Reflect Therapy.

She will be followed in March by Carol Welfare with 'Move it or Lose it', with gentle exercises sitting or standing. These are a taste of the FABS (Fitness, Aerobic, Balance, Strength) class that is already enjoyed in GG on Tuesdays.

April will welcome Marie Bowes from The Cinnamon Trust. This is a national charity for the elderly, the terminally ill and their pets. They do great work helping out by taking care of pets when the owners are ill or have died.

There will be some new titles for the book table in February, including *Cormoran Strike* by Robert Galbraith (the pseudonym of course of JK Rowling of *Harry Potter* fame).

A correction to last month's over-enthusiastic number given for the total members for 2020—it should have been 17 not 19—apologies.

Our meeting in February is on Wednesday the 19th in the Mission Hall. Doors open at 7.30pm for a 7.45pm start. Admission for visitors is £4.00, which covers refreshments.

For further information about GG WI, please contact our President Rosemary Blackburn on 01732 850812.

What's On in Golden Green?

More info:

Mission Hall hire: Rob & Ros Seall 1 Bell Cotts 01732 850664 r.seall@gmail.com

Mondays	Sharon's Pilates	Hall	10–11am	07754 371472
Tuesdays	Coffee Morning	Hall	10am	850768
Tuesdays	FABS Fitness for Older Adults	Hall	12-30-1.30pm	07941 345001
Tuesdays	Colin's Art Group	Hall	8-10pm	464187
1st Sat month	Suzanne's Scrapbooking	Hall	9.15am-4pm	770906

FEBRUARY & MARCH

Sat 15 Feb	60s Night	Bell	8pm–12.30am	
Mon 17 Feb	Bingo!	Hall	8pm	850768
Wed 19 Feb	WI Meeting	Hall	7.45pm	850812
Mon 2 Mar	Bell Fun Quiz	Bell	7.45pm	220811
Tue 3 Mar	Book Club	Bell	8pm	850329

The Village Pump

* We're sorry to learn that our **postie Roy** was badly bitten by two dogs while on his rounds in Court Lane last month. We wish him a speedy recovery to full health and fitness

* GG resident Susan Revell has kindly offered to take orders weekly from those unable to get for the new **Hadlow Village Bakery**. She will collect and deliver to GG free of charge with the aim of supporting local businesses. Phone her with your order on 01732 852766

* And more generosity: a volunteer at St Stephen's Church, Tonbridge reported that 'two young men from GG gave up Christmas-present money to buy beef, gammon and chicken which they donated to the church's **Christmas Day Lunch**. This was a very heart-warming gesture.' It certainly was! Well done indeed, lads, whoever you are

* The next **book club** meeting is on Tuesday 3 March to discuss *As the Crow Flies* by local author Elaine Venus and Paulo Coelho's *The Alchemist*. Meet in The Bell at 8pm.

* The (in)famous **GG Fish 'n' Chip Challenge** quiz has its annual outing on Sat 18 April, organised by last year's winners, The Mongrels. Book now by phoning Howard on 850329 or emailing howardsrogers@aol.com

* Not too early to look forward to the **GG summer fete** on Sun 28 June!

Parish Council Contacts

Parish Office Tel: 851878

Email: clerk@hadlowpc.co.uk

Open Tue & Thu 9.30am–12 noon

Website hadlowpc.co.uk

Golden Green Councillors:

Nick Collins: 850968

nicolins@btinternet.com

Ed Bright: 850590

ed.bright@talk21.com

Bulky refuse lorry & WEEE collection:
Victoria Rd cul-de-sac 15 Feb 9.15–10.15am

Next council meeting: 10 February 7.30pm Old School Hall, Hadlow

Borough Councillors' Surgery
10–11.30am 21 Mar, 16 May, 18 July, 19 Sep, 21 Nov St Mary's Church

Hospital Car Service

If you need transport to a hospital or medical appointment, please contact Mike Harvey on 01732 852564 or email rev.nickyharvey@gmail.com

KCC Community Warden

Sandra Edmunds tel 07969 584183

Sandra.Edmunds@kent.gov.uk

Sandra and the PCSO hold a joint surgery on the first Monday of every month from 11am to 12 noon in the Old School Hall, Hadlow. If you have anything that is worrying you or causing concern, please feel free to pop in

Deadline for next issue: 20 February
Email gghamlet@outlook.com or hand in items to Anne Waddingham, 13 Sherenden Park (850048)